



DEVON SPECIALIST STOP SMOKING SERVICE

**Training and
Support**

2014

health promotion
De**on**



Contents

1. **Stop Smoking Practitioner Network**
2. **Brief Intervention**
3. **Stop Smoking Practitioner**
4. **Stop Smoking Practitioner Training dates 2014**
5. **Refresher training**
6. **Refresher training dates 2014**

Get in touch for your application form :

t : 01769 575157

e: ndht.HPDTraining@nhs.net

Please note bookings will only be confirmed once completed applications have been returned.

1 Stop Smoking Practitioner

When you have successfully completed the two day stop smoking practitioner training you will be automatically registered on our practitioner network.

To meet the needs of the national training standards for stop smoking we will visit each practitioner at their work place setting to observe skills in practice.

The benefits of being registered on the practitioner network include:

- Provision of essential information and up dates to practice
- Circulation of new evidence
- Regular newsletter with information on additional training, support and motivational case studies
- Access to expert advice through a dedicated e-mail

2 Brief Intervention

Raise the topic of smoking with your patients and refer them on to a Stop Smoking Practitioner for support—all within 30 seconds!

This training takes between 10-60 minutes to deliver, depending on your requirements.

It is suitable for all staff, including clinicians and receptionists, who come into contact with smokers.

This supports the Stop Smoking Practitioner in your place of work by keeping the referrals coming to them.

We are able to deliver this training on site if a number of staff wishes to be trained at the same time.

Please call 01769 575157 if you are interested in arranging this training for your workplace.

3 Stop Smoking Practitioner

This course is suitable for people working in a GP or dental practice, pharmacy, optometrist or workplace setting where they will be able to offer **weekly** stop smoking sessions for individual smokers wanting to become smoke free.

This course is run over two days.

Aims of the course:

- To increase knowledge of nicotine addiction and stop smoking treatment options
- To increase skills and confidence in running one to one stop smoking sessions
- To become a competent Stop Smoking Practitioner compliant with the NCST Training Standard

4 Stop Smoking Practitioner Training 2014

	Date	Location	Times
April	Tuesday 1st & 8th April	Unit 1 Exeter International Office Park Clyst Honiton Exeter Devon EX5 2HL	9 am-4.30pm
June	Monday 23rd & 30th June	Room C Tiverton Hospital Kennedy Way EX16 6NT	9 am-4.30pm
September	Wednesday 17th & 24th September	Newton Abbot Hospital Jetty Marsh Road Newton Abbott TQ12 2SL	9 am-4.30pm
November	Monday 3rd & 10th November	Crown Yealm House Pathfields Industrial Estate South Molton EX36 3LH	9 am-4.30pm

* Please note lunch is not included on any course

5 Stop Smoking Refresher

Supporting the trained Stop Smoking Practitioner, refreshers provide an update on new medications and current guidance.

We recommend that all Practitioners attend one of these sessions annually in order to keep knowledge and good practice up-to-date and thereby offer the best possible service to all clients and patients.

Aims of this course:

- Skills development and CPD activities
- Update knowledge on the latest pharmacotherapy treatment options and prescribing guidance.
- Update knowledge on the latest Department of Health monitoring guidance and the role of the Stop Smoking Practitioner

6 Stop Smoking Refresher training 2014

Month	Date	Location	Times
May	Monday 12th May	Unit 1, Exeter International Office Park Clyst Honiton Exeter EX5 2HL	9 am-12 midday
July	Monday 7th July	Crown Yealm House Pathfields Industrial Estate South Molton EX36 3LH	6-9 pm
October	Wednesday 8th October	Wonford Community Centre, Exeter Devon EX2 6NG	6-9pm
December	Monday 1st December	Room C Tiverton Hospital Kennedy Way EX16 6NT	9am-12 midday