Where can I get help to quit smoking in North Devon and Torridge?

This information is correct at January 2014. Please note that locations are subject to change and additions. For up to date information telephone **01884 836024** or visit **www.smokefreedevon.org.uk**

LOCAL NHS STOP SMOKING SPECIALIST SERVICE

Contact: 01884 836024

Barnstaple Health Centre Bideford Hospital Caen Medical Practice * North Devon District Hospital Tyrrell Hospital Wallingbrook Health Centre * Wooda Surgery *

* for patients of practice only

GP SURGERIES

Bideford Medical Centre

Abbotsham Road, Bideford, EX39 3AF **01237 476363**

Black Torrington Surgery Blake House, Black Torrington, EX215QE 01409 335830

Boutport Medical Centre

110 Boutport Street, Barnstaple, EX311TD 01271 324106

Brannam Medical Centre Brannam Square, Kiln Lane, Barnstaple, EX32 8GP 01271 329004

Castle Gardens Surgery Castle Hill Gardens, Torrington, EX38 8EU 01805 623222

East Street Surgery East Street, South Molton, EX36 3BU 01769 573811

Fremington Medical Centre

11/13 Beards Road, Fremington, Barnstaple, EX31 2PG 01271 376655

Hartland Surgery 66 The Square, Hartland, EX39 6BL 01237 441200

Holsworthy Health Centre Dobles Lane, Holsworthy, EX22 6GH 01409 253692

Litchdon Medical Centre Landkey Road, Barnstaple, EX32 9LL 01271 323443

Queens Medical Centre 6-7 Queen Street, Barnstaple, EX32 8HY 01271 372672

Shebbear Surgery Shebbear, Beaworthy, EX215RU 01409 281221

South Molton Health Centre 9-10 East Street, South Molton, EX36 3BZ 01769 573101 The Warwick Practice Medical Centre, St Brannocks Road, Ilfracombe, EX34 8EG 01271 863119

Torrington Health Centre New Road, Torrington, EX38 8EL 01805 622247

Waterside Primary Care Medical Centre, St Brannocks Road, Ilfracombe, EX34 8EG 01271863840

PHARMACIES

Barton Pharmacy Ltd 3 West Road, Woolacombe, EX34 7BW 01271 870378

Boots The Chemists Ltd 69-70 High Street, Barnstaple, EX311HX 01271 326772

Day Lewis Pharmacy Medical Hall, South Molton, EX36 3BU 01769 572528

Lloydspharmacy 21 High St, Ilfracombe, EX34 9DA 01271862058

Lloydspharmacy 2-3 The Square, Holsworthy, EX22 6DL 01409 253461

Lloydspharmacy 1 High Street, Torrington, EX38 8HN 01805 622174

Lynton Pharmacy 17-18 Lee Road, Lynton, EX35 6BP 01598 753377 Tesco Stores Ltd Station Road, Barnstaple, EX312AL 01271 308447

Your Local Boots Pharmacy The Old Library, Bay View Road, Northam, EX39 1AZ 01237 474340

DENTISTS

The Quay Dental Practice Natwest Bank Chambers, The Quay, Bideford, EX39 2HW 01237 473638

LEISURE CENTRES

Ilfracombe Pool Hillsborough Road, Ilfracombe, EX34 9QG 01271 864480

North Devon Leisure Centre 7 Brethren Bank, Barnstaple, EX312AP 01271373361

OTHER SUPPORT

To speak on the telephone... Call the free Smokefree National Helpline to speak to an expert adviser: 0800 022 4 332

Lines open Monday to Friday 9am to 8pm and Saturday and Sunday 11am to 5pm

or chat online... www.nhs.uk/smokefree/ help-and-advice/support