

## NHS Stop Smoking Service Monitoring Form 2014-15

Public Health Devon

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NHS			Sur	rgery					Pub	lic Health De	Von Gewycawa	
Surgery Name		Surgery Code	Surgary Codo		Public Hea Office use or		Date received:		Reference Number:			
Client Name* Telephone Tick preferred contact num		erred contact number	Ethnic Group*				Occupation*		How did you hear about the service?			
	Tel No:		White	A British B Irish			Mar	nagerial/Professional		GP		
	Mobile:		white	C Other White			Inte	ermediate		Pharmacy		
Client NHS Number			Mixed	D White & Black Caribb			Rou	Routine and Manual		Friend/family		
Date of birth*		//		E White & Black F White Asian	African		Full	Full time student		Midwife		
Client Address*	ient Address* Gender* Male			G Other Mixed k	ackground 🗌		Parent			District Nurse		
Pregnant Yes			Asian or	H Indian			Reti	ired		Other Healthca	are Professional $\Box$	
	If yes, due date _	//	Asian	J Pakistani K Bangladeshi			Hon	ne Carer (unpaid)		Health Worker		
	Medication curre	·	British	L Other Asian ba	ckground		Lon	g term sick/Disabled		Children Centr	e 🗆	
	Theophylline  Clozapine	Insulin 🗌 Warfarin 🗌	Black or	M Caribbean			Lon	g term unemployed		Radio		
Postcode*	Olanzapine		Black British	N African P Other Black ba	ackground			write occupation below:		Newspaper		
Other information			Other	R Chinese S Other Ethnic G	roup					Other (specify)		
			Ethnic Groups	Z Not Stated	iroup		Are	you entitled to free <b>J</b>	oresc	r <b>iptions?</b> Yes	No 🗆	
-	Do you normally pa	ay full price?		anyone smok	-	our			•	uit Details*		
Straights  Roll-ups Both  Yes No			home? Yes 🗆 No 🗆			Please note you must attempt at least 3 times to follow up client for quit outcome						
Agreed Quit Date  //   Current CO read			ng				Has client quit smoking after 4 weeks? Yes  No Unknown					
Product(s) used to assist quit (tick all products that apply in this quit attempt				·				Date of last (	igarette//			
NRT – Mini-Lozenge 🗌 NRT – Lozenge		T – Mouth spray		NRT – Oral Stri	ps					If no reading	g recorded have 3	
Zyban 🗌 E-cigarette		ampix		None			-	If client has quit	t		been made to	
When more than one product is ticked did the patient use the products:At the same time One after the other (i.e. swapped products)								<b>smoking</b> CO reading at 4 we	ook	contact clier	nt for CO reading?	
Type of Support Given								follow up				
Telephone       1:1       Drop-in clinic       Open (rolling) group       Couple/Family       Group       Closed Group       Image:							Yes 🗆	No 🗆				
Client Consent to Monitoring - Under	-			-				by the NHS Stop Smoki	ng Ser	vice and other g	overnment	
departments for analysis purposes. I consent to the following: Treatment 🗆 Follow up by Stop Smoking Service 🗆												
Name:	[ 	Date:			Signed*						bally consented over phone	
Adviser Details: I confirm that the information given on this form is true and complete. I understand that if I provide false or misleading information I may be liable to prosecution or civil proceedings. I understand that the information on this form may be provided to the Counter-Fraud and Security Management Service, a division of the NHS Business Services Authority, for the purpose of verification of this claim and the prevention, detection and investigation of fraud.												
Adviser Name Adviser signature Adviser signature Adviser signature Adviser telephone number												
After the 4 week follow up has been comp	leted please return this	s form to Stop Smol	ing Retu	rns, Public Healt	h, Devon Co	ounty	Coun	cil, County Hall, Topsham	Road,	Exeter, EX2 4QD.	Fax   01392 382606	

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**Monitoring Form 2014-15** NHS Stop Smoking Service





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## Information for Client Consent to Service Monitoring

Information is required by the Department of Health to measure how successful the local Stop Smoking Service is in helping people to quit smoking. The information that will be gathered is entered on the monitoring form, which your Smoking Adviser uses and which he/she will show you.

There are several reasons for collecting this information:

Your name, address and phone number	Your name, address and   Your details will be kept by us on tile so that we may contact you again in the tuture, with your permission, to see if you have stopped phone number   smoking. Your postcode will enable us to see if smokers from all parts of Devon are using the service.
Your age, gender,	This will help us to know if we are reaching all groups of smokers across Devon. Where employed please indicate your occupation so we
occupation and ethnic	can identify whether we are targeting manual and non-manual groups. The Department of Health requires us to record your ethnic group.
group	If you are recently unemployed please put occupation held in last 12 months.
Whether you are	We want to know how many pregnant smokers are using the service, as this is a high national and local priority.
pregnant	

The information will be entered into a computer database and aggregated and anonymous data will be used to produce figures for service evaluation and for submission to the Department of Health. This database will be held by Public Health in Devon Countly Council.

sign the consent form. Your access to help and support and medical treatment will be unaffected Before this information can be collected, your consent is required. If you do not wish for this information to be forwarded to the Department of Health, you are under no obligation to

Client Consent Data Protection Act – please read Under the legislation of the Data Protection Act 1998, I agree to allow the data collected to be used by the local NHS Stop Smoking Service and other Government departments for analysis purposes. Summary data, which will be anonymous, will be forwarded to the Department of Health for quarterly and annual evaluation.

I agree to the Stop Smoking Service contacting me after entering the service to confirm my non-smoking/smoking status

I agree to allow the data to be viewed by a third party to aid in the processing of the data. I have been made aware that the personal data will not be presented to any direct marketing organisations for commercial use.

Information for Adviser relating to Monitoring Forms Information is required by the Department of Health to measure how successful the local Stop Smoking Service is in helping people to quit smoking. The information gathered should be clearly entered on the monitoring forms.

There are several reasons for collecting this information:

Name, address and contact details Age, gender, occupation and ethnic group Pregnant	Quitter's details are collected so that clients may be contacted again in the future to see if they are still not smoking and to offer further support. For this reason it is important to include contact details so that clients can be contacted, with their permission, in the future. The postcode enables us to see if smokers from all parts of Devon are using the service and helps us to target those areas where interventions are of greatest need. This will help us to know if we are reaching all groups of smokers across Devon. Where employed please indicate the clients occupation to help ensure that we are targeting manual and non-manual groups. It is mandatory that the ethnic group is included. We want to know how many pregnant smokers are using the service, as this is a high national and local priority.
Age, gender, occupation and ethnic group Pregnant	This will help us to know if we are reaching all groups of smokers across Devon. Where employed please indicate the help ensure that we are targeting manual and non-manual groups. It is mandatory that the ethnic group is included. We want to know how many pregnant smokers are using the service, as this is a high national and local priority.
Occupation	If quitter has been employed in the last 12 months please put their last occupation. Managerial/professional – examples include accountant, artist, civil.mechanical engineer, medical practitioner, musician, nurse, physiotherapist, scientist, social worker, solicitor, teacher, welfare officer. Intermediate – examples include call centre agent, clerical worker, nursery nurse, nursing auxiliary, clerk, secretary. Routine & Manual – examples include electrician, fitter, gardener, inspector, plumber, printer, train driver, bar staff, catering assistant HGV driver, mechanic, porter, receptionist, sales assistant, waiter. HGV driver, mechanic, porter, bar staff, catering assistant, waiter.

services. The information will be entered into a database and aggregated data will be used to produce figures for service evaluation and for submission to the Department of Health. The database is held at Public Health, Devon County Council. Summary information will also be fed back during the year to practices, pharmacists, advisers etc. to help support their

Monitoring forms should be returned to the address overleaf in a timely manner to ensure that the information held in the central database is up to date and accurately reflects the current number of quitters.

**CO Validation -** At the 4 week follow-up CO validation should be attempted for all clients, except for those who are followed-up by telephone. CO monitoring of all clients at the 4 week follow-up stage is motivational for clients as well as a validation of their smoking status. The Department of Health Service & Monitoring Guidance requires 85% of successful quit attempts are attempted to be validated with a CO breath test.

Department of Health guidelines on whether someone has quit smoking state that:

"For the purposes of CO validation any CO reading of less than 10 ppm should be taken as an indication that the client is not smoking at that point in time."

Prescribing Guidance - NRT should be prescribed as the first line treatment and used in accordance to product licence and local joint formulary guidance. In some cases there may be reasons why a client is best suited to an alternative treatment, such as Zyban or Champix, which can be prescribed according to product licence and local joint formulary

guidelines

After the 4 week follow up has been completed please return this form to: Public Health, Devon County Council, County Hall, Topsham Road, Exeter, Stop Smoking Returns, EX2 4QD. Fax | 01392 382606