

## APPENDIX 3: Full Referral Criteria

### Tier 2

Body Mass Index of 35 - 50 (kg/m<sup>2</sup>) WITHOUT co-morbidities or 32.5 - 50 (kg/m<sup>2</sup>) for South Asian, Chinese, black African and African-Caribbean populations

Body Mass Index of 30 - 50 (kg/m<sup>2</sup>), WITH co-morbidities or 27.5 – 50 (kg/m<sup>2</sup>) for South Asian, Chinese, black African and African-Caribbean populations

- considered ready to change by health professional
- aged 16 years or more

### Tier 1

Body Mass Index of 30-34.9 (kg/m<sup>2</sup>) WITHOUT co-morbidities or 27.5-32.49 (kg/m<sup>2</sup>) for South Asian, Chinese, black African and African-Caribbean populations

Body Mass Index of 25-29.9 (kg/m<sup>2</sup>) WITH co-morbidities or 22.5 – 27.49 (kg/m<sup>2</sup>) for South Asian, Chinese, black African and African-Caribbean populations

- considered ready to change by health professional
- aged 16 years or more