

CASE STUDY - TO IMPLEMENT A QUALITY DRUGS & ALCOHOL PROGRAMME	
NAME OF SCHOOL	AXMINSTER COMMUNITY PRIMARY SCHOOL
HEALTH THEME	REDUCING DRUG & ALCOHOL MISUSE

## **SUMMARY OF HEALTHY SCHOOLS PLUS ACTIONS**

- Held staff meeting with HS+ focus
- Staff gathered baseline data using child questionnaire and Draw & Write activity
- Presentations given to Parent Council and Governors of planned HS+ actions – discussion and gain support for process
- Healthy Schools Plus Team established [members from all elements of school community] to lead actions
- Parental awareness raised of health focus
- CPD arranged for staff on developing new programme, delivery and resources
- Changes to existing Drugs programme based on training and feedback from analysis of baseline data
- Review and update of existing Drugs Education Policy
- New programme content and skills taught to each year group distributed to all parents/carers and to every new child joining the school. Supported by Parent Council and Governors
- Regular monitoring of the teaching, sampling of work and opportunities to discuss new programme within staff meetings to maintain confidence and embed good practice
- Partnership links with local Police, School Nurse and EWO

## **EVIDENCE OF IMPACT**

- Significant increase [to 98%] in the number of KS1 children who felt that the school teaches them well about drugs
- Significant increase [to 94%] in number of KS2 children knowing where to go to get advice and support on drugs and alcohol
- Teaching and support staff have stated that they have seen a significant improvement in this health behaviour [staff meeting discussions and child responses to questionnaires]

## REFLECTIONS FROM THE SCHOOL

Following some early 'resistance', the whole school community became engaged and committed to the success of this intervention. As work on Healthy Schools Plus gained momentum, the understanding of it's impact on our children's health and wellbeing also increased. We have established a good and appropriate Drug and Alcohol Education programme that supports the needs of our children.

For further information regarding this intervention, please contact -		
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