

## Mental Health Older People Town Profile Dartmouth

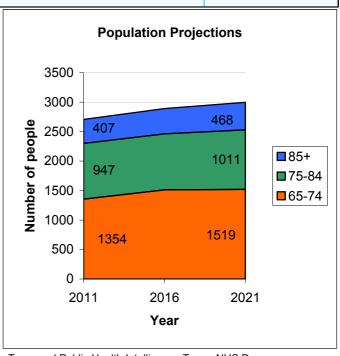


This town profile provides some context and prevalence of selected mental health conditions affecting the population of older people living in this area.



In Devon there is already a higher than national average level of older people in the population and it is likely to grow by a third in the next 15 years. With the growing number of elderly people in our communities, it is very important that local health services reflect their needs and those of their families and provide safe, timely and professional support in line with the best practice.

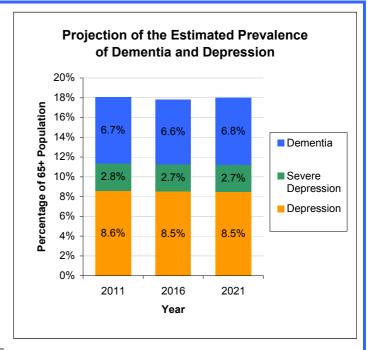
The 65-84 population of Dartmouth is predicted to increase by 229 people between 2011 and 2021, a rise of 10%. The total number in the 85+ age band is predicted to increase by 61 people, a rise of 15%. Data source: Jan 2010 projections based on RSS published Jul-08.



Produced in September 2011 by the Strategic Commissioning Team and Public Health Intelligence Team, NHS Devon

The most common mental health problems in older people are depression and dementia. Depression affects proportionally more older people than any other age group.

The graph on the right shows a projection of the estimated prevalence of dementia and depression in the population of Dartmouth aged 65+ between 2011 and 2021. These projections are based on RSS data published in July 08. It should be noted that it is estimated that only one third of all cases of dementia are reported. Source: Jan 2010 Projections based on RSS published Jul-08.



**Estimated Percentage of the 65+** Population with Mild, Moderate and **Severe Dementia** 8% 7% 0.9% 0.8% Population 0.8% 6% 5% 2.2% 2.2% 2.1% Percentage of 65+ Severe 4% Moderate Mild 3% 2% 3.8% 3.7% 3.6% 1% 0% 2011 2016 2021

The latest figures published by the Alzheimers Society suggest that 1 in 14 people over the age of 65 and 1 in 6 people over 80 years has some form of dementia. This is an estimated prevalence not the actual number of people diagnosed with dementia.

Of those people over 65 who have dementia (late onset dementia):

- 55.4% have mild dementia
- 32.1% have moderate dementia
- 12.5% have severe dementia

Source: Alzheimers society Dementia UK (2007)

Based on these figures, the estimated percentage of the 65+ population in Dartmouth with mild, moderate and severe dementia are shown in the graph on the left.

At present, 90% of the demand for services can be met in the community setting through services ranging from talking therapies to crisis resolution. And yet, these services attract only 30% of the total investment. The remaining 70% is used for hospital beds, which meet the needs of fewer than 10%.

Year

The graph on the right illustrates the current allocation of mental health resources and the target allocation we are trying to achieve.

